

WOMEN'S HISTORY

WRITTEN BY HUMBLE HOME CARE SERVICES

Humble Home Care Services was founded by a woman and the majority of our workforce consists of women. It is women that are the backbone of this small business and this month we celebrate the vital role women play in the Home Care Industry.





"Each time a woman stands up for herself, without knowing it possibly, without claiming it, she stands up for all women."

Maya Angelou



THE BACKBONE OF SOCIETY

Think of the women in your life, who are they, and what do they mean to you? What kind of support have you offered them? Have you had meaningful discussions regarding issues they may be facing? Have you celebrated their achievements?

As a male, I have been biased in the past when women's issues are brought up. What I didn't realize is that my judgment was being clouded by a point of view skewed by years of ignorance. in order to bridge the gap of understanding, one has to begin by listening. Listen to the experiences women and girls go through, understand that you unconsciously may be playing a role that is contributing towards been biased against women.

Growth is the process of breaking old barriers and creating a new path towards equality for both genders. Equality can be viewed as similar to the two sides of a coin, although different both "heads" and "tails" constitute the make-up of a coin. And as such both human genders make up our society



PROGRESS

Humble Home Care Services prides itself with empowering women in the Healthcare field. We do so by hosting various in-services to

- 1. Provide leadership and networking skills
- 2. Creating learning environments that enables them to develop effectiveness while providing services
- 3. Educating them on Good work ethics
- 4. Improve Confidence in their work place.
- 5. Emphasizing to them on quality services.

Women play a central role in the delivery and support of healthcare in the system, their families and in the homes. Ensuring they have access to quality care can also lead to improved health for children and families.

We appreciate all the women in Humble Homecare Services . They are our heroes



John Spencer