



SPRING CLEANING

As the world shakes off another winter ,it's spring cleaning season once again. As Humble Homecare services , we really look forward to spring cleaning each year. We know how important a clean and clutter free home can be for seniors.



SENIORS SPRING CLEANING

Spring cleaning is something we have to really get in the zone for. There is no better feeling than coming home to a clean house - which is our motivation for our seniors . A clean home makes caring for a loved one much easier . Yearly spring cleaning is a fantastic chance to evaluate and improve your loved one's home living conditions.



"Forgive and set your self free. When we forgive, we heal our own anger and hurt and are able to let love lead again. It's like spring cleaning for our heart.

-
Angie karan



Happy and Healthy at Home..."The Humble Approach"



Easier Senior Care Spring Cleaning

Humble Home Care Services prides itself with compassionate, hardworking and trustworthy caregivers that makes spring cleaning easy when caring for a senior loved one. Here are six tips to make spring cleaning easy :

1. Have a plan. Before you start cleaning, make a checklist of the areas you need to cover and tasks that you want to accomplish
2. Invite other family or friends to help. Cleaning as a team makes spring cleaning easier and faster.
3. Involve your loved one. As any senior care expert can tell you, getting your loved one involved in any task is important. With spring cleaning, your one will be able to provide useful information about what should stay, what should go, and what should be moved for improved accessibility.
4. Go after clutter first. Getting rid of clutter helps improve home safety. It also makes it clean
5. Throw out expired items. Having expired medication or food around can be dangerous - especially if your loved one struggles with memory loss
6. Test safety precautions. When spring cleaning, use the opportunity to test any safety precautions or senior care safety items in your loved one's home..

If you feel that your loved one may benefit from in home senior care, give local Humble Homecare Services a call. We'll be happy to discuss your loved one's senior care options

We appreciate all the women in Humble Homecare Services. They are our heroes

Happy and Healthy at Home..."The Humble Approach"



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