



## *Gathering Safely with Friends and Family*

**WRITTEN BY HUMBLE HOME  
CARE SERVICES**

Once again it's the holiday season and the most wonderful time of the year. Time to unwrap your Christmas trees and holiday decorations. This year we explore how to gather safely with friends and family. We also list some incredible sites to visit and finally, we get to celebrate and give a shout-out to our best employees of 2020.





## Gathering with friends and family

### Celebrating holidays safely during the pandemic

- 'tis the season for holiday planning. The gathering of family and friends, crowded parties and travel may put everyone at increased risk for COVID-19. The CDC recommends that you carefully consider the risk of spreading if you're having an in person holiday celebration.
- The more people you interact with during the gathering and the longer the interaction lasts, the higher the risk of getting infected.

### Before gathering

- Check whether the host has steps in place to prevent the spread of COVID-19.
- Bring extra supplies like extra masks, tissues, and alcohol based sanitizer.
- Avoid contact with people outside of your household for 14 days before gathering.
- Remember to stay home if you don't feel well or are at a higher risk for serious complications from COVID-19.

### During gatherings

- Maintain a distance of at least 6 feet from people you don't live with - and mindful in areas where it may be harder to do so, such as restrooms and eating areas.
- Wear a mask at all times when around people who don't live in your household.
- Limit contact with commonly touched surfaces or shared items.
- Wash your hands often with soap n water. If soap n water are not readily available, use a hand sanitizer that contains at least 60% alcohol.

\*\*If you want to celebrate the holidays as safely as possible this year, consider celebrating virtually or with members of your own household.





# Sites to visit

## Polar Express Ride - Buzzards Bay, MA

Enjoy a magical ride through the snow filled landscapes in New England.



## Trellis of Lights - Boston, MA

You do not have to wait until the end of the tunnel to see the light, because you will literally be showered by amazing lights.



## Zoo lights at Stone Zoo - Stoneham, MA

Lights, camera, action! This location offers great Holiday pics for the family portrait.



# EMPLOYEE OF THE YEAR



Madina Nekesa

3rd place



Penina Gaturu

1st place



John Spencer

2nd place

